

# A HEALTHY PARTNERSHIP

VENTANA HEALTH SERVICES AND  
BAYLOR SCOTT AND WHITE HEALTH

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As we age, having easy access to high-quality health care offerings becomes very important to our health, wellness and happiness. As the area's premier high-rise senior living community, Ventana by Buckner offers the highest-caliber care, delivered with compassion.

Now, we're excited to announce we're combining the luxurious setting of Ventana with the supervision of a world-renowned Baylor Scott & White. This will enable us to offer a menu of elite health service options, administered by a team of proven professionals under the supervision of experienced Baylor Scott & White Medical Director, Neeta Gopinath Nayak, M.D. These new health service options will include:

- Baylor Scott & White Signature Medicine, an enhanced health care services program focused on personalized service and individualized attention.
- If you're unable to make regular office visits with a physician, Baylor Scott & White will ensure that a team of their physicians, nurse practitioners and physician's assistants from are available to come to Ventana for health care appointments.
- Baylor Scott & White chaplains will provide spiritual care and collaborate with community organizations to enrich residents' lives.

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# About Baylor Scott & White Medical Director Dr. Nayak

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Dr. Neeta Gopinath Nayak is a triple board-certified internist, geriatrician, and palliative care specialist who has been practicing for over 20 years.

## **Baylor Scott & White Health: A community care innovator**

As the largest not-for-profit health care system in Texas and one of the largest in the United States, Baylor Scott & White Health includes 48 hospitals and more than 900 patient care sites with over 6,000 active physicians and 40,000 employees.

- **Our core:** All our employees make a personal commitment to advance our work for the benefit of those we serve.
- **Our mission:** Founded as a Christian ministry of healing, Baylor Scott & White Health promotes the well-being of all individuals, families and communities.
- **Our ambition:** To be the trusted leader, educator, and innovator in value-based care delivery, customer experience and affordability.
- **Our values:**
  - We serve faithfully.
  - We act honestly.
  - We never settle.
  - We are in it together.



# Your Life, Only Better.

## Assisted Living

We provide personalized and supportive care in a fun, safe, and independent environment where you tell us how you want your assisted living care to look. Whether you need your meals cooked for you or just want an extra hand with chores around your residence, we provide individualized assistance with daily activities on a 24-hour basis. Our assisted living services and amenities include:

- Personalized wellness program to maintain a high level of physical and mental health
- Three freshly prepared meals every day
- 24-hour emergency response system
- Medication assistance and administration
- Licensed care available
- Registered dietitian
- Physical, occupational and speech therapy services
- Housekeeping and laundry services
- Full-service beauty salon and barbershop
- Transportation to and from your daily activities such as local shopping and pre-arranged appointment

## Memory Care

We can help slow the progression of Alzheimer's or other types of dementia while encouraging members to feel a sense of purpose and satisfaction from the fulfilling moments of their everyday lives. The key is our structured environment — we promote a lifestyle with routines in place to reduce stress and encourage connection with long-term memories.

Features include:

- Spacious private residences in a safe, protected setting
- Familiar environment with comfortable surroundings
- Team of expert staff trained to work with individuals with Alzheimer's, and other forms of dementia and memory loss
- Registered dietitian
- 24-hour supervised care in a purpose-designed environment
- Medication monitoring and administration
- Freshly prepared, nutritious for breakfast, lunch and dinner
- Beauty salon and barbershop
- Common spaces designed to encourage socialization





## Long-term Care

This is designed for those who require specialized care on a long-term basis. We work directly with members to develop individualized nursing care plans that include round-the-clock support by licensed nurses, therapists and professional caregivers.

Services include:

- 24-hour care provided by our medical director, director of nursing, and other licensed nursing staff
- Ophthalmological, dental, psychological, psychiatric, audiological, podiatry, and wound care available
- Private rooms with great views
- Nutritious breakfast, lunch and dinner menu selections
- Physical, occupational, and speech therapies.

## Outpatient Services and Rehab

We've created a high-quality care experience so that those in recovery after an acute illness, surgery, or injury can return home and get back to doing what they love sooner. Our short- and long-term rehabilitation services include:

- Beautiful private rooms with luxurious bathrooms
- Nutritious, freshly prepared breakfast, lunch and dinner menu selections
- Licensed medical director and a director of nursing
- Physical, speech, occupational, and intravenous therapies
- State-of-the-art therapeutic and recovery equipment
- Specialized activities and programs
- 24-hour availability of experienced nursing staff
- Medical records coordinator and social services director

**Treatments offered include:**

- Regaining communication skills
- Improving mobility
- Strength training for using wheelchairs and walkers
- Carrying out daily activities (such as bathing and dressing)
- Improving muscle function
- Receiving emotional support

## A Lifestyle Focused on You

Call 214.473.5880 to schedule a personal tour of Ventana by Buckner and learn more about our commitment to your health.



**VENTANA**  
BY  BUCKNER.



8301 N. Central Expressway  
Dallas, TX 75225  
214.473.5880  
[ventanabybuckner.com](http://ventanabybuckner.com)